

# Antioxidant Activities of Ethyl acetate Extract and Hexane Extract of Lelak (*Uvaria rufa* Blume) Leaves

M. Hilaria\*, Elisma, M. Y. Dapa, M. Teti,

Department Of Pharmacy, Health Polytechnic of Kupang  
Indonesia

\*Corresponding author's email: mariahilariamanehat [AT] gmail.com

**ABSTRACT** ---- *Uvaria rufa* Blume is one of the main power plant that has natural antioxidants that are known to inhibit the scavenging free radicals. The present study was to evaluate antioxidant activity of ethyl acetate and hexane extracts of leaves of *Uvaria rufa* Blumes. Measurement of antioxidant activity carried out using the DPPH method. DPPH radical scavenging activity of *Uvaria rufa* Blume of hexane extract and ethyl acetate extract tested showed lower activity than that of a standard compounds: ascorbic acid ( $IC_{50} = 3.781 \mu\text{g/ml}$ ). Extracts of ethyl acetate has strong antioxidant activity which  $IC_{50}$  values was  $57.89 \mu\text{g/ml}$  respectively and extracts of hexane has weak antioxidant activity which  $IC_{50}$  values was  $87,292 \mu\text{g/ml}$  respectively.

**Keywords** ---- Antioxidant, DPPH, *Uvaria rufa*,  $IC_{50}$

## 1. INTRODUCTION

Antioxidants play a significant role in the prevention of diseases, and have a capacity to reduce oxidative stress by chelating trace elements or scavenging free radicals and protecting antioxidant defenses. For this reason, it is important to search for alternatives with antioxidant activity, as spices with secondary metabolites with antioxidants activity (Orozco, et al. 2013).

Antioxidant are compounds that can delay, inhibit, or prevent the oxidation of lipids or other molecules by inhibiting the initiation or propagation of oxidative chain reactions. There are at least four general sources of antioxidant (1) enzymes, for example superoxide dismutase, glutathione peroxidase, and catalase; (2) large molecules (albumin, ceruloplasmin, ferritin); (3) smallmolecules (ascorbic acid, glutathione, uric acid, tocopherol, carotenoids, (poly)phenols); and (4) some hormones such as estrogen, angiotensin, melatonin, etc (Rohman *et al.* 2006).

*Uvaria rufa* Blume is a plant found in tropics of Asia and Africa. It is commonly called as 'Lelak' in Kupang (Indonesia). It is traditionally used as a medicinal plant in Asia, however, for the people of Indonesia, this plant has not been popular in general as a medicinal plant, especially the Kupang district. The Leaves of *Uvaria rufa* Blume are used in Asia traditional medicine as an anti-diabetic agent, increase uterine contraction and antioxidant.

The previous study showed that ethanol extract effective as a antioxidant activity with  $IC_{50}$   $110.67 \mu\text{g/mL}$  repectively (Elisma and Soeharto, 2014). However, the antioxidant activities of ethyl cetate extract and heksane extract have not been reported yet. The objectives of this study was to to evaluate antioxidant activities of ethyl acetate and hexane xtract of *Uvaria rufa* Blume Leaves by radical scavenging assay using DPPH (2,2- diphenyl-1-picrylhydrazyl) radical.

## 2. METHODOLOGY

### 2.1 Materials and chemicals

Lelak leafes was obtained from Kupang, East Nusa Tenggara. DPPH (2,2-diphenyl-1- picrylhydrazyl) and vitamin C were purchased from Sigma (St.Louis, MO, USA), aluminium chloride, sodium hydroxide, silica gel GF254, silica gel, ethanol, ethyl acetate, n-Heksana, chloroform were purchased from Merck (Darmstadt, Germany), and bidistilled water (Ika Pharmindo).

### 2.2 Preparation and fractionation of ethyl acetate extract of *Uvaria rufa* Blume leaves

A total of 150 g of dry powder leaves lelak put in a closed vessel, was added in 1125 mL of 70% ethanol is then closed , was left for 5 days protected from light while stirring occasionally. After 5 days the mixture was filtered and washed with 70% ethanol to obtain 1500 mL maserat . Move in a closed vessel and left in a cool place protected from light for 2 days, then filtered . Maserat evaporated using a rotary evaporator and concentrated using a water bath at  $50^{\circ}\text{C}$  to obtain a

viscous extract. Extract was fractionated by methods Can- Ake (2004 ) partitioned using 96 % ethanol -water ( 2 : 3 ) and ethyl acetate to obtain a viscous extract. .

### 2.3 Preparation and fractionation of hexane extract of *Uvaria rufa* Blume leaves

A total of 150 g of dry powder leaves lelak put in a closed vessel, was added in 1125 mL of 70% ethanol is then closed , was left for 5 days protected from light while stirring occasionally. After 5 days the mixture was filtered and washed with 70% ethanol to obtain 1500 mL maserat . Move in a closed vessel and left in a cool place protected from light for 2 days, then filtered . Maserat evaporated using a rotary evaporator and concentrated using a water bath at 50° C to obtain a viscous extract. Extract was fractionated by methods Can- Ake (2004 ) partitioned using 96 % ethanol -water ( 2 : 3 ) and hexane to obtain a viscous extract. .

### 2.4 Determination of Antioxidant activity using DPPH via free radical scavenging activity

Antioxidant activity was determined by radical scavenging activity using DPPH radical according to Zou *et. al.*, (2004). Briefly, 4 mL of testing antioxidant solution with five different concentrations was added to 5-mL volumetric flask filled with 1,0 mL of DPPH 0,5 mM in ethanol. The solution was diluted to the volume (5.0 mL) with ethanol, shaken vigorously, and kept for 30 min at room temperature in the dark. The absorbance at 517 nm was measured by spectrophotometer Shimadzu against blank of ethanol. A control containing ethanol instead of DPPH solution was also made. The experiment was done in triplicate. The antioxidant activity of the samples was calculated according to the formula:

$$\text{Percentage (\%)} \text{ of antioxidant activity} = \text{Abs.of control} / (\text{Abs.of control} - \text{Abs.of sample}) \times 100\%$$

The percentage of antioxidant activity was plotted against the sample concentration ( $\mu\text{g/mL}$ ) to obtain  $\text{IC}_{50}$ , defined as the concentration of the sample necessary to cause 50% scavenging of DPPH radical calculated by linier regression curve.

## 3. RESULTS AND DISCUSSION

The present study was carried out to evaluate the antioxidant effect of Ethyl acetat n hexane extract of leaves of *Uvaria rufa* Blume. In the extract of the leaves of *uvaria rufa* Blume there were identified flavonoids, saponnins, tannins as table 1.

**Table 1.** Phytochemical screening of extracts hexane, ethyl acetate of *Uvaria rufa* Blume

Leaves Extract	Constituent
Hexane	Flavonoids
Ethyl acetate	flavonoids, saponins, tannins

The ethyl acetate extract, positively contains saponins, tannins and flavonoids, while the hexane extract containing flavonoids. Flavonoids and tannins is one group of phenol compounds . Flavonoids act as antioxidants and free radical catcher because it has a structure consisting of hydroxyl groups , which can donate hydrogen ions ( Purwaningsih, 2012). Tannins compounds can inhibit the formation of active oxygen thereby inhibiting the oxidation reaction ( Hernawan et al ., 2003 ). Saponins are active compounds that are like soap and can be detected by their ability to form foam.

### Antioxidant activity measured by radical scavenging using DPPH (2,2-diphenyl-1- picrylhydrazyl) radical

DPPH method has been widely employed to evaluate the free radical scavenging effectiveness of various antioxidant substances in plant systems. The method is based on the reduction of alcoholic DPPH in the presence of a hydrogen-donating antioxidant to form the non-radical form, DPPH-H. The antioxidant activities of ethyl acetate extract and hexane extract determined by radical scavenging activity using DPPH radical was shown in table 2 and 3.

**Table 2: DPPH Radical Scavenging Assay of Hexane of *Uvaria rufa* Blume leaves.**

Concentration (ppm)	% RSA	IC <sub>50</sub> value (µg/ml)
25	18.76	<b>87,292</b>
50	18.87	
75	22.76	
100	21.10	
125	23.97	
150	26.80	

**Table 3: DPPH Radical Scavenging Assay of Ethyl acetat fraction of *Uvaria rufa* Blume leaves.**

Concentration (ppm)	% RSA	IC <sub>50</sub> value (µg/ml)
25	21.88	<b>57.89</b>
50	40.79	
75	51.15	
100	76.51	
125	80.86	
150	84.01	

When DPPH accepts an electron donated by an antioxidant compound, the DPPH is decolorized which can be quantitatively measured from the changes in absorbance. The antioxidant activity of the extracts is shown in table 2 and table 3. The experimental data reveals that the Ethyl acetate extract have more scavenging activity than the hexane extracts. At the maximum concentration the scavenging activity of the free radicals are Ethyl acetat extract > Hexane extract. IC<sub>50</sub> is a value indicating the magnitude of the concentration of a substance, which can reduce DPPH radicals by 50 %. The smaller the IC<sub>50</sub> means higher antioxidant activity. The results showed that the ethyl acetate extract had lower IC<sub>50</sub> value compared with n - hexane extracts so that the ethyl acetate extract has anti-oxidant properties which is higher compared to the hexane extract

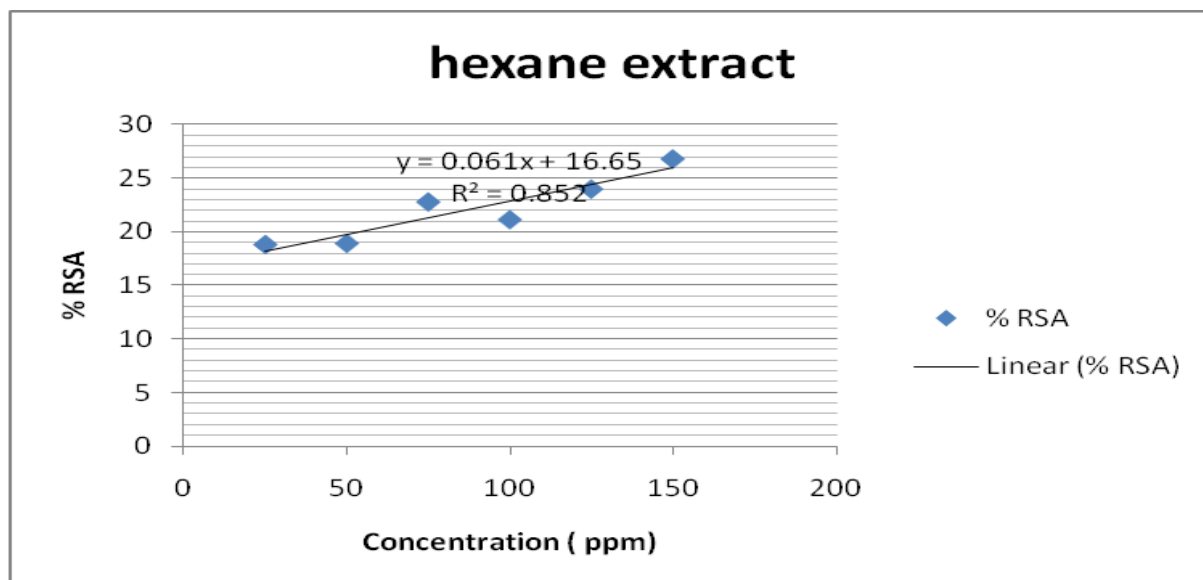
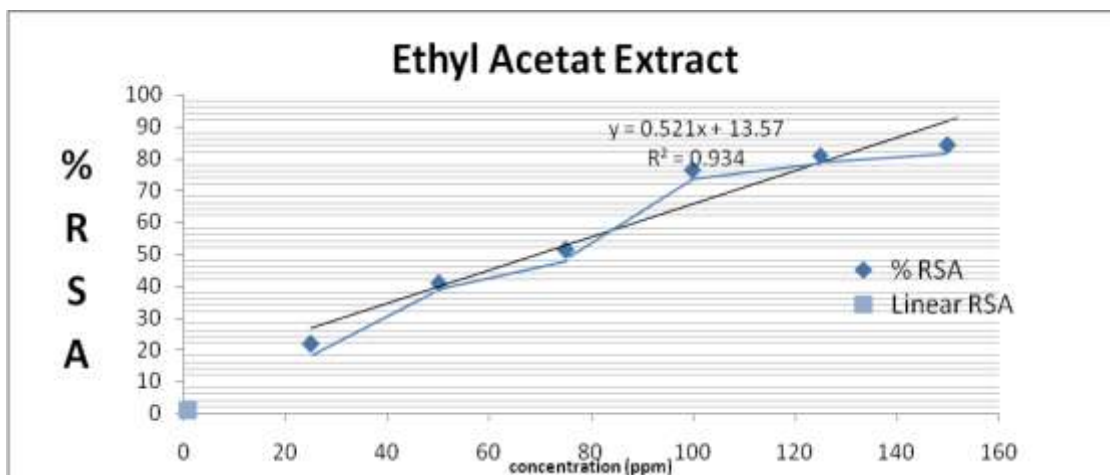


Figure 1. DPPH Radical Scavenging Assay of *hexane* Extract



**Figure 2:** DPPH Radical Scavenging Assay of *Ethyl Acetate Extract*

The study shows that % RSA increases gradually with increase with concentration of samples. The concentration at which the %RSA value i.e. the inhibition value reaches 50% is called the IC<sub>50</sub> value. The lower IC<sub>50</sub> value indicated high antioxidant value in analyte. The IC<sub>50</sub> values in Ethyl Acetat and Hexane Extracts of *Uvaria rufa Blume leaves* were found to be 57.89 µg/mL; 827, 292 µg/mL respectively.

The experimental data reveals that the Ethyl acetate extract have more scavenging activity than the hexane extracts. At the maximum concentration the scavenging activity of the free radicals are Ethyl acetat extract > Hexane extract. IC<sub>50</sub> is a value indicating the magnitude of the concentration of a substance, which can reduce DPPH radicals by 50 %. The smaller the IC<sub>50</sub> means higher antioxidant activity. The results showed that the ethyl acetate extract had lower IC<sub>50</sub> value compared with n - hexane extracts so that the ethyl acetate extract has anti-oxidant properties which is higher compared to the hexane extract

**Table 4. Value of IC<sub>50</sub>**

Leaves Extract	Value Of IC <sub>50</sub> ± SD	Antioxidant activity
Extract Of Heksane	87.292,7995 ± 95.657,624 ppm	Weak
Extract Of Ethyl acetate Of <i>Uvaria rufa Blume Leaves</i>	57,8852 ± 2,2331 ppm	Strong
Vitamin C	3,781 ± 0,410 ppm	Very Strong

Weak anti- oxidant activity is due to active compounds that can be extracted by n - hexane compounds which are non -polar only partially soluble.

#### 4. CONCLUSION

The results showed that the ethyl acetate extract had lower IC<sub>50</sub> value compared with hexane extracts so that the ethyl acetate extract has anti-oxidant properties which is higher compared to the hexane extract. In this study, it was found the ethyl acetate fraction from *uvaria rufa Blume leaves* showed strong antioxidant activity in DPPH test.

#### 5. REFERENCES

- Bingtao, L. and Michael G. G. 2011. *UVARIA* Linnaneus. FI. China 19: 674-676
- Cahyadi, W. 2008. Food Additive. 2<sup>nd</sup> Edition. Bumi Aksara. Jakarta
- Cairns, D. 2008. Digest Pharmaceutical Chemistry. 2nd Eition . EGC. Jakarta

- Can-Ake, R., Gilda, E.R., Filogonio, M.P., and Luis, M.P. 2004. Bioactive terpenoids from roots and leaves of *Jatropha gaueri*. *Rev Soc Quím Méx* 48: 11-14.
- Daniel. 2010. Isolasi dan Identifikasi Senyawa Flavonoid Pada Fraksi Etil Asetat dari Daun Tumbuhan Sirih Merah (*Piper crocatum* Ruiz dan Pav). Volume 9. Nomor 10. FMIPA Universitas Mulawarman. Samarinda
- Didik, G dan Sri Mulyani. 2004. *Pharmacology*. Jilid I. Swadaya. Jakarta
- Deepalard, Khanittha, dkk. 2009. Flavonoid Glycosides from the Leaves of *Uvaria rufa* with Advanced Glication end-Product Inhibitory Activity. Faculty of Pharmaceutical Sciences, Culalongkorn University Bangkok. [http://161.200.184.9/tjps/ContentVol33No2\\_3/V33-2-3Art%203%20pp8490.pdf](http://161.200.184.9/tjps/ContentVol33No2_3/V33-2-3Art%203%20pp8490.pdf). (Accessed on May 17, 2014).
- Edhisambada. 2011. Antioxidant Activity Test Methods Radikal 1,1-difenil-2-pikrilhidrazil (DPPH). <https://edhisambada.wordpress.com/2011/02/22/metode-uji-aktivitas-antioksidan-radikal-11-difenil-2-pikrilhidrazil-dpph/> (Accessed on Feb 2, 2015)
- Gandjar, I. G. dan Rohman, A. 2007. *Pharmaceutical Analysis*. Pustaka Pelajar. Yogyakarta
- Gafur, M. A., Isa, I., dan Bialangi, N. 2013. Isolation and Identification of Flavonoid Compounds of Leaf Jamblang (*Syzygium cumini*). [http://repository.ung.ac.id/get/simlit\\_res/1/458](http://repository.ung.ac.id/get/simlit_res/1/458) (Accessed on June, 25, 2015)
- Harborne, J. B. 1987. *Phytochemicals method*. 2nd Edition. ITB Bandung.
- Kedare, S. B. and Singh, R. P. 2011. Genesis and Development of DPPH Method of Antioxidant Assay. *J. Food. Sci. Technol.* 48(4):412–422
- Marx, J.L. 1985. Oxygen Free Radicals Linked to Many Disease, *dalam Science*, 235 : 529-531
- Orozco, M.CB, Rasco, J.J, Cedillo, F.D, Torres, R.S, 2013, Chemical composition and antioxidant ability of the crude extract of *Sedum praealtum* flowers. *J.Food Agric*, 25(10) 778-784
- Rohman, A., Riyanto, S., Utari, D., 2006, Antioxidant activities, total phenolic and flavonoid contents of ethyl acetate extract of Mengkudu (*Morinda citrifolia*, L) fruit and its fractions. *Journal Pharmacy Indonesia*
- Tan Hoan dan Kirana Rahardja. 2007. *Medications Important*. 6th Edition. Elex Media Komputindo. Jakarta
- Winarsi, H. 2007. *Natural Anti-oxidant and free radical : Potential and Its Application in Health*. Kanisius. Yogyakarta
- Wijayakusuma H. 2000. Potential medicinal plants native to Indonesia as a health product [Online cited 2009 Sept 23]; Available from: URL:<http://digilib.batan.go.id/eprosiding/File%20Prosiding/Kesehatan/Risalah%202000/2000.pdf>. (Accessed on feb 15, 2015)
- Zou, Y., Lu, Y. and Wei, D., 2004, Antioxidant activity of Flavonoid-rich extract of *Hypericum perforatum* L in vitro, *J. Agric. Food Chem*, 52, 5032-5039.